

## Self-evaluation questionnaire

ANSWER THE FOLLOWING QUESTIONS, THINKING BOTH ABOUT THE TRAINING EXPERIENCE LIVED IN YOUR COUNTRY A FEW MONTHS AGO AND THE ONE YOU HAVE LIVED IN THESE DAYS.

- Thanks to this experience I feel that I have strengthened my knowledge of the Social Solidarity Economy and the perspective it offers. **NO – QUITE- YES- VERY**
- What more would you like to know? .....
- Thanks to this experience I understood the potential of bringing together the experiences of SSE and the world of Vocational Training. **NO – QUITE- YES- VERY**

Thanks to this experience I had the opportunity to know better my territory in term of initiatives involved in Social Solidarity Economy. **NO – QUITE- YES- VERY**

What more would you like to know? .....

- What are the 3 competences I feel I have strengthened as a trainer during this training course?
  - 1) .....
  - 2) .....
  - 3) .....

- How much I agree with the following statements? **STRONGLY AGREE, AGREE, DISAGREE, STRONGLY DISAGREE**

- 1) I have expanded my personal and professional perspective
- 2) I have tested new training methodologies
- 3) I had the opportunity to compare myself at international level
- 4) I have achieved greater awareness of my role as a trainer
- 5) I have understood the need to look at vocational training from the perspective of sustainable and solidarity-based local development.
- 6) I had the opportunity to reflect on the future of work
- 7) I had the opportunity to reflect on the methodologies I will use with my trainees and the relationship with them.

- Choose from these images which one you feel most representative of your role as a trainer





- What do you bring home from this training experience?